



Code of Ethics

The Reflexology Association of Connecticut (RACT) is an organization of Reflexology professionals who unite to promote, educate and support the practice of philosophy of Reflexology as a practice. A Reflexologist communicates with an open mind and a peaceful presence while recognizing his/her relationship to the client as serious responsibility.

A Code of Ethics provides the Association with the means to communicate clearly to current and future members and to those served by members, the nature of the ethical responsibilities held in common by all members. As the Code of Ethics of the Association, this document establishes principles that define the ethical behavior of Association members who are required to adhere to the Code of Ethics. This code serves as a basis for addressing any complaints initiated against members of the Association.

This Code also is subject to change as the dynamics of professional practice change and as new patterns of educational and therapeutic health care delivery are developed and accepted by the professional community and the public at large.

"Ethics is a code of values which guide our choices and actions and determine the purpose and course of our lives." - Ayn Rand

The Client Relationship

1. The primary responsibility of all Association members is to treat all clients with dignity and respect, and to work with the best interest of the client in mind.
2. Clients will have the opportunity to participate in decisions regarding their care, including decisions about conventional and alternative modalities.
3. Clients have the right to terminate their treatment at any time, without prejudice.
4. Members do not discriminate against or refuse service to anyone on the basis of age, disability, ethnic group, gender, race, religion, sexual orientation, marital status or socioeconomic status.
5. Members make every effort to avoid dual relationships with clients that could impair professional judgment or increase the risk of exploitation. When a dual relationship cannot be avoided, members take appropriate professional precautions to ensure that the service being provided is consistently and completely in the best interest of the client.
6. Members do not diagnose, prescribe, or treat for any specific problem or condition unless specifically trained and permitted by law to do so.
7. Members work within the client's comfort zone and pain tolerance.
8. Members establish and maintain trust in the client-practitioner relationship.

Confidentiality

1. Members respect their client's right to privacy and avoid illegal and unwarranted disclosures to confidential information.
2. Information is shared with other professionals from whom the client is or was receiving treatment only upon written consent of the client.
3. Clients have the right to expect confidentiality and to be provided with an explanation of its limitations; and to obtain clear information about their treatment, including treatment records.
4. Maintain records for each client and document each session. Keep all client information records.

Professional Responsibility

1. Members render their services within the boundaries of their competence. When the need of the client cannot be met within these boundaries, the member will refer to appropriate practitioners.
2. Members recognize the need for continuing education and endeavor to maintain the highest possible level of competence and expertise within their field of practice and will accurately represent themselves and their level of competency.
3. Members will not present themselves as a medical practitioner. They shall refer clients to medical or other healthcare professionals when appropriate.
4. Members shall treat other Reflexologists and healthcare professionals in a courteous and respectful manner at all times.
5. Members shall ensure that anyone employed by them or working in their office shall also adhere to the Code of Ethics.
6. Members do not delegate the care of a client to another Reflexologist who is not experienced, qualified, or competently trained to provide the necessary service.
7. Members do not claim to cure or heal, or treat specific illnesses on their business cards or in brochures.
8. Members do not prescribe, diagnose, prognosticate, treat for specific illness or adjust medication.
9. Members wear suitable professional attire and provide clean and professional environment.
10. If using another discipline, members should inform clients that it is not Reflexology.